

Boys Outdoor

Event	Mark	Athlete	Team	Meet	Location	Date
100m	10.62	Eric Osei	East Providence	(+1.89) State Champs	Brown University Stadium, Providence, RI	6/4/2005
200m	21.17	Bobby Young	Mt. Pleasant, Providence	(3h2/+1.8) USATF Junior Olympics	Tropical Park Stadium, Miami, FL	7/31/2003
400m	46.42	Delon Gomes	Hope, Providence	Keebler-International Prep Invitational Meet	Elmhurst, IL	6/20/1992
800m (880y)	1:52.0 (=1:51.4 @ m)	Phil Kane	Rogers, Newport	(3) Eastern States Champs	Downing Stadium, Randall's Island, NYC, NY	1973
1500m	3:45.46	Andrew Springer	Westerly	Midwest Distance Gala	Sports Complex, Benedictine University, Lisle, IL	6/13/2009
1600m	4:01.06	Andrew Springer	Westerly	Midwest Distance Gala	Sports Complex, Benedictine University, Lisle, IL	6/13/2009
Mile	4:02.70	Andrew Springer	Westerly	Midwest Distance Gala	Sports Complex, Benedictine University, Lisle, IL	6/13/2009
2000m STP	6:43.50	Amilcar Tavaris	Shea, Pawtucket	URI Interscholastic Meet	University of Rhode Island, Kingston, RI	5/2/1993
3000m	8:23.30	Andrew Springer	Westerly	Bishop Hendricken Invitational Meet	Warwick, RI	5/30/2010
3000m STP	9:46.00	Andrew Fisher	East Providence	Unknown	Unknown	1974
3200m	9:04.81	Tom Webb	Bishop Hendricken, Warwick	(9) Arcadia Invitational Meet	Arcadia, CA	4/8/2006
2 mile	9:02.93	Andrew Springer	Westerly	(10) Nike Outdoor Nationals	Belk Track, North Carolina A&T University, Greensboro, NC	6/19/2009
5000m	14:56.46	Andrew Springer	Westerly	(3) Nike Outdoor Nationals	Belk Track, North Carolina A&T University, Greensboro,	6/14/2007

Event	Mark	Athlete	Team	Meet	Location	Date
					NC	
110mHH (39")	13.98	Yudehweh "Pete" Gbaa	Hope, Providence	New England Champs	Plymouth South HS, Plymouth, MA	6/12/2004
300mIH (36")	38.16	Colin Aina	East Providence	New England Champs	George Martin Track, South Portland, ME	6/10/2000
400mIH (36")	55.76	Jesse Andoscia	North Kingstown, Wickford	(3) Hartford Invitational Meet	Public High School Stadium, Hartford, CT	5/13/2000
4x100m Relay	42.20	Tamba Benjamin, Matt Washington, Revelino DeVeiga, Kevin Morgan	Hope, Providence	State Champs	Brown University Stadium, Providence, RI	6/2/2007
4x200m Relay	1:29.81	Matt Washington 21.6, Kevin Morgan 22.4, Tamba Benjamin 22.9, Donnell Freeman 22.9	Hope, Providence	(2S2) Nike Outdoor Nationals	Belk Track, North Carolina A&T University, Greensboro, NC	6/15/2007
4x400m Relay	3:18.70	Dan O'Brien 48.8, Mark Gorman 50.7, Joe Mazzulla 50.5, Jim Lourenco 48.7	Bishop Hendricken, Warwick	Titan Invitational Meet	Toll Gate HS, Warwick, RI	5/15/2004
4x800m Relay	7:55.05	Drew Castagna, Tim O'Loughlin, John DiGangi, Andrew Springer	Westerly	State Champs	Brown University Stadium, Providence, RI	6/6/2009
4x1600m Relay	17:59.80	Joe Williams 4:31.7, Dave Horn 4:30.4, Andy Lewis 4:32.8, Dennis Shine 4:24.9	Bishop Hendricken, Warwick	(2) Knights of Columbus Relays	Conley Stadium, Providence, RI	4/11/1987
4xMile Relay	18:29.45	Andrew Palumbo 4:22.8, Steve Wood 4:25.7, Derek Henderson 4:50.6, Tom Webb 4:50.4	Bishop Hendricken, Warwick	(17) Nike Outdoor Nationals	Belk Track, North Carolina A&T Univ., Greensboro, NC	3/17/2006
Sprint Medley (@ 800m)	1:41.54	100/Tamba Benjamin 11.4, 100/Revelino DeVeiga 11.3, 200/Kevin Morgan 23.8, 400/Donnell Freeman 55.0	Hope, Providence	(7S3) Nike Outdoor Nationals	Belk Track, North Carolina A&T University, Greensboro, NC	6/16/2007
Sprint Medley (@ 1600m)	3:34.47	Alex Phelps-200, Drew Castagna-200, John DiGangi-400, Andrew Springer-800	Westerly	(4S3) Nike Outdoor Nationals	Belk Track, North Carolina A&T University, Greensboro, NC	6/19/2009
Distance Medley (@	10:01.1	Tim O'Loughlin-1200, Alex Phelps-400, John DiGangi-800, Andrew Springer-800	Westerly	Glenn D. Loucks Games	Memorial Field, White Plains HS, White Plains, NY	5/7/2009

Event	Mark	Athlete	Team	Meet	Location	Date
4000M)						
High Jump	2.16m (7' 1")	Dave Arundel	South Kingstown, Wakefield	New England Champs	Brown University Stadium, Providence, RI	6/14/1997
Pole Vault	4.64m (15' 3")	James Strawderman	Cranston West	Bishop Hendricken Invitational Meet	Warwick, RI	5/7/2009
Long Jump	7.325m (24' 0.5")	Don Blount	Moses Brown	Brown Interscholastic Meet	Brown University Stadium, Providence, RI	5/30/1996
Triple Jump	15.90m (51' 5.75")	Robert Howard	Shea, Pawtucket	(3) USATF Junior National Champs	Florida State University, Tallahassee, FL	6/25/1994
Shot (12-lb)	18.97m (62' 3")	Charles Ajootian	Classical, Providence	Bishop Hendricken Invitational Meet	Warwick, RI	1964
Discus (HS)	60.54m (198' 7")	Alan Baginski	Classical, Providence	Hartford Invitational Meet	Public High School Stadium, Hartford, CT	5/12/1979
Discus (I)	49.82m (163' 5")	Alan Baginski	Classical, Providence	Unknown	Unknown	1979
Hammer (12-lb)	77.20m (253' 3")	Jacob Freeman	Bishop Hendricken, Warwick	Bishop Hendricken Invitational Meet	Warwick, RI	5/29/1999
Hammer (6kg)	64.58m (211' 10")	John Freeman	Bishop Hendricken, Warwick	(3) Pan-Am Junior Champs	Windsor, Canada	7/31/2005
Hammer (16-lb)	65.89m (216' 2")	Jacob Freeman	Bishop Hendricken, Warwick	(5) Penn Relays "Open"	River Field, University of Pennsylvania, Philadelphia, PA	4/24/1999
Javelin	70.54m (231' 5")	Matt Maloney	LaSalle, Providence	Hartford Invitational Meet	Trinity College, Hartford, CT	5/14/2005