

## Girls Indoor

Event	Mark	Athlete	Team	Meet	Location	Date
45m [=49.21y]	6.23	Laniece Leach	East Providence	State Champs	Mackal Fieldhouse/URI, Kingston, RI	2/18/1996
50y [=45.72m]	6.2	Teesha Lambert	Hope, Providence	State Champs	Howe-Waughtel Fieldhouse, Moses Brown, Providence, RI	2/14/1991
50y [=45.72m]	6.2	Liz Hughes	St. Mary's-Bay View, East Providence	Sullivan Div. Champs	Howe-Waughtel Fieldhouse, Moses Brown, RI	2/6/1992
50y [=45.72m]	6.2	Teesha Lambert	Hope, Providence	State Champs	Howe-Waughtel Fieldhouse, Moses Brown, RI	2/13/1992
55m	7.15	Pam Hughes	Hope, Providence	(3) National Scholastic Champs	Jadwin Gym, Princeton, NJ	3/7/1985
60m	7.90	Jenna Poggi	Moses Brown, Providence	(3h11) Nike Indoor Nationals	Reggie Lewis Ctr, Roxbury Crossing, MA	3/15/2009
200m	25.35	Allison Fogarty	LaSalle Academy, Providence	(3h2) National Scholastic Champs	Armory T&F Center, Manhattan, NY	3/13/2004
300y	37.1	Krysten Addison	St. Raphael, Pawtucket	State Champs	Howe-Waughtel Fieldhouse, Moses Brown, RI	2/14/1991
300m	40.23	Allison Fogarty	LaSalle Academy, Providence	(2) New England Champs	Reggie Lewis Ctr, Roxbury Crossing, MA	2/28/2003
400m	56.89	Konique Ballah	Wheeler School, Providence	Dartmouth Relays	Leverone Fieldhouse, Hanover, NH	1/10/1998
500m	1:15.87	Konique Ballah	Wheeler School, Providence	Brown Invitational	Olney-Margolies Athletic Center, Providence, RI	12/30/1997
600y	1:27.3	Krysten Addison	St. Raphael, Pawtucket	Girls' Eastern States Champs	Gordon Track/Harvard, Allston, MA	3/2/1991
600m	1:30.87	Samantha Gawrych	Westerly	New England Champs	Reggie Lewis Ctr, Roxbury Crossing, MA	3/3/2006

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800m	2:08.46	Samantha Gawrych	Westerly	National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/12/2006
1000y	2:41.35	Michaela Rooney	East Greenwich	(2) Girls' Eastern States Champs	Gordon Track/Harvard, Allston, MA	3/5/2004
1000m	2:47.66	Samantha Gawrych	Westerly	State Champs	Mackal Fieldhouse/URI, Kingston, RI	2/19/2006
1500m	4:34.78	Samantha Gawrych	Westerly	(3-enr mile) National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/16/2003
Mile	4:53.02	Samantha Gawrych	Westerly	National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/14/2004
3000m	10:02.71	Jean Christensen	LaSalle Academy, Providence	(4) Yale Classic	Coxe Cage, New Haven, CT	1/20/2007
3200m	10:45.57	Lindsay Vieira	North Kingstown, Wickford	New England Champs	Reggie Lewis Ctr, Roxbury Crossing, MA	3/1/2002
2 mile	10:53.96	Lindsay Vieira	North Kingstown, Wickford	(9) National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/10/2002
45mH	7.01	Mary Serdakowski	Chariho, Wood River Junction	State Champs	Mackal Fieldhouse/URI, Kingston, RI	2/17/2002
55mH	8.21	Mary Serdakowski	Chariho, Wood River Junction	New England Champs	Reggie Lewis Ctr, Roxbury Crossing, MA	3/1/2002
60mH	8.90	Mary Serdakowski	Chariho, Wood River Junction	(1h3) National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/9/2002
4x200m Relay	1:43.58	Lily Kessinger 26.2, Emily Barrett 25.6, Stefanie Raiola 26.6, Lauren Cardarelli 25.1	LaSalle Academy, Providence	National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/15/2008
4x220y Relay	1:46.47	Michelle Jones 26.4, Angelina Stewart 26.5, Krystal Mims 27.8, Leah Grant 25.8	Hope, Providence	New England Champs	Gordon Track/Harvard, Allston, MA	3/17/1998
4x400m Relay	3:56.36	Emily Barrett 58.5, Lily Kessinger 59.3, Alyssa Limperis 61.1, Lauren Cardarelli 57.4	LaSalle Academy, Providence	(2h4) National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/14/2008

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4x800m Relay	9:16.52	Emily Doucette 2:22.5, Mackenzie Ferreria 2:20.6, Tori Lima 2:23.5, Samantha Gawrych 2:09.9	Westerly	New England Champs	Reggie Lewis Ctr, Roxbury Crossing, MA	3/3/2006
4xMile Relay	21:21.38	Dominique Lee 5:25.0, Emily Doucette 5:25.0, Katie Lima 5:27.7, Samantha Gawrych 5:03.7	Westerly	(8) National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/12/2005
1,600m Medley	4:00.84	Amy Lapere 200/26.3, Alyssa Ebright 200/27.0, Katie Lima 400/61.0, Samantha Gawrych 800/2:06.5	Westerly	(4) New England Champs	Armory Track & Field Center, Manhattan, NY	3/11/2005
Distance Medley (@4,000m)	11:52.95	Jean Christensen 1200/3:38.7, Lauren Cardarelli 400/58.9, Nicola Cocozza 800/2:20.7, Jeanne Mack 1600/4:54.6	LaSalle Academy, Providence	(3) National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/9/2007
High Jump	1.68m (5'6")	Laura Berman	North Kingstown, Wickford	Relay Carnival	Howe-Waughtel Fieldhouse, Moses Brown, RI	12/8/1998
High Jump	1.68m (5'6")	Katie Rowinski	South Kingstown, Wakefield	(2) Dartmouth Relays	Leverone Fieldhouse, Hanover, NH	1/8/2000
High Jump	1.68m (5'6")	Felicia Terwilliger	West Warwick	(2) Yale Classic	Coxe Cage, Yale University, New Haven, CT	1/19/2008
Pole Vault	3.66m (12')	Jenna Poggi	Moses Brown, Providence	(11) National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/13/2009
Long Jump	5.875m (19' 3.79")	Pam Hughes	Hope, Providence	National Scholastic Champs	Jadwin Gym, Princeton, NJ	3/17/1985
Triple Jump	11.25m (36' 11")	Tolu Fayanjuola	Classical, Providence	Brown All-Comers Meet	Olney-Margolies Athletic Center, Providence, RI	12/27/2000
Triple Jump	11.25m (36' 11")	Brittany Powers	LaSalle Academy, Providence	(3) Dartmouth Relays	Leverone Fieldhouse, Hanover, NH	1/10/2009
Shot Put	14.11m (46' 3.75")	Victoria Flowers	Classical, Providence	State Champs	Mackal Fieldhouse/URI, Kingston, RI	2/17/2008
20-lb Weight	18.945m (62' 2")	Victoria Flowers	Classical, Providence	New England Weight Throw Meet	Central HS Gym, Providence, RI	3/3/2008

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Pentathlon	2997 pts.	Shayna Daughety	Lincoln	(10) National Scholastic Champs	Armory Track & Field Center, Manhattan, NY	3/11/2006