Field House Records
Boys
(as of 2/21/2010)

Event	Record Holder	School	Date	Performance
55 Meters	Kadeen Kushimo	La Salle	1/22/2010	6.1
300 Meters	Jarell James	Hope	2/6/2010	35.8
600 Meters	Craig Amato	Central	2/6/2010	1:23.9
800 Meters	Matthew Heath	Clara Barton	12/30/2009	2:00.49
1000 Meters	Zach Fraielli	La Salle	1/22/2010	2:34.6
1500 Meters	Robert Allen	Crans West	2/6/2010	4:01.7
1 Mile	Francis Hernandez	Bis Guertin	12/30/2009	4:18.82
3000 Meters	Jake Sienko	Bis Hendricken	1/30/2010	8:39.2
55 HH	Mike Sphar	No Kingstown	2/13/2010	7.78
Shot	Gustavo Reynoso	Classical	2/13/2010	53’8.25
Weight	Max Milder	Bis Hendricken	2/13/2010	68’2.5”
High Jump	Kadeen Kushsimo	La Salle	2/13/2010	6’6”
Long Jump	Innocent Jacobs	Chariho	2/14/2010	22’7.5”
Triple Jump	Craig Amado	Central	2/14/2010	46’1
Pole Vault	James Strawderman	Cranston West	2/14/2010	15’”
Relays				
4x200		Barrington	1/30/2010	1:32.4
4x400		Central	2/13/2010	3:29.53
4x800		Hamden	12/30/2009	8:08.28
Sp Medley		East Catholic	12/30/2009	3:43.74
DMR		Amity	12/30/2009	10:49.58
Hurdles(3x55)		Classical	12/9/2009	25.3
(4x55)		Bergen Catholic	12/30/2009	33.30
Shot		Mt Vernon	12/30/2009	136’2.25”
Weight		Classical	12/9/2009	167’7.75”
High Jump		Central Falls	12/30/2009	17’