

East Coast Championship

Time Schedule

Event Date: January 14, 2012
Times: 9:00AM to 2:00PM
Location: Providence Career & Technical High School
 91 Fricker Street
 Providence, RI 02903

Running Events

(Boys followed by Girls unless noted)

- 4 x 200m 9:00 am
- 4 x 800m 9:15 am
- 55 Hurdles 9:40 am
- 55 Meters 10:05 am
- 2 mile 10:20 am
- 55 Hurdles 10:45 am (Girls followed by boys)
- 55 Meters 11:00 am
- 400m 11:10 am
- 1 Mile 11:50 am
- 800m 12:10 pm
- 4 x 400 12:25 pm
- DMR 12:55 pm

Field Events

- Boys Championship Weight Throw Top 24 9 a.m.
- Boys Emerging Weight Throw All Others (Following Championship Flight)
- Girls Championship Weight Throw All Entries (Following Boys Emerging Flight)
- Girls Championship Shot Put All Entries 9 a.m.
- Boys Championship Shot Put Top 24 (Following Girls Championship)
- Boys Emerging Shot Put All Others (Following Boys Championship)
- Long Jump 9 am (Boys Followed by Girls)
- Triple Jump (Following Long Jump)
- (Girls Followed by Boys)
- Pole Vault 11 am (Girls Followed by Boys)
 Opening Height:
 8-0 Girls
 11-0 Boys
- High Jump 10 am (Boys followed by Girls)
 Opening Height:
 4-08 Girls
 5-10 Boys