

RHODE ISLAND HIGH SCHOOL "ALL-TIME" TRACK & FIELD RECORDS – GIRLS' OUTDOOR

100m	11.82	QUASHIRA McINTOSH, Hope, Providence; (+0.0) State Champs, Brown University Stadium, Providence, RI	6Jun15
200m	24.14	McINTOSH; (6/-2.0) New Balance Nationals, Belk Track, No Carolina A + T U., Greensboro, NC	21Jun15
400m	55.09	MAY STERN, Classical, Providence; Mount Pleasant Invitational, Conley Stadium, Providence, RI	28May16
800m	2:08.40	MADDY BERKSON, Classical, Providence (3) New Balance Nationals, Belk Track, No Carolina A+T Univ., Greensboro, NC	15Jun13
1,500m	4:26.88	BERKSON; State Champs, Brown University Stadium, Providence, RI	7Jun14
Mile	4:52.08	BERKSON; (3) Glenn D. Loucks Games, Memorial Field, White Plains HS, White Plains, NY	10May14
2,000m STP	7:29.36	MARGARET McCAFFREY, East Greenwich; (8) Glenn D. Loucks Games, Memorial Field, White Plains HS, White Plains, NY	9May15
3,000m	9:44.72	BERKSON; (2) New Balance Boston Twilight Meet, Bentley College, Waltham, MA	31May14
3,200m	10:28.45	ELIZA REGO, LaSalle, Providence; (3) Glenn D. Loucks Games, Memorial Field, White Plains HS, White Plains, NY	9May14
2 Mile	10:30.42	LAURA TURNER; Portsmouth; (5) National Scholastic Outdoor Champs, Paul Derr Track, NC State University, Raleigh, NC	19Jun98
5,000m	17:11.32	SHERIDAN WILBUR, LaSalle, Providence; (7) New Balance Nationals, Belk Track, North Carolina A+T U., Greensboro, NC	19Jun15
100mH (33")	14.44	MOLLY REILLY, South Kingstown, Wakefield; (1/+1.0) State Champs, Brown University Stadium, Providence, RI	5Jun10
300mH(30")	43.91	REILLY; State Champs, Brown University Stadium, Providence, RI	5Jun10
400mH(33")	1:03.16	EMILY BARRETT, LaSalle Academy, Providence; (1S1) Nike Outdoor Nationals, No Carolina A + T Univ., Greensboro, NC	21Jun08
4x100m Relay	47.90	HOPE, Providence; State Champs, Brown University Stadium, Providence, RI (Lakisha DaCruz - Jasmine Marrow - Royal Cheatham - Angie Quiah)	6Jun09
4x200m Relay	1:41.40	HOPE, Providence; (2S4) New Balance Outdoor Nationals, Belk Track, North Carolina A + T Univ., Greensboro, NC (Isis Hack - Whitney Jackson - Chevell Burgess -Quashira McIntosh [splits unobtainable~~lane race w/ 4 turn stagger])	20Jun15
4x400m Relay	3:53.41	HOPE, Providence; State Champs, Brown University Stadium, Providence, RI (Chevell Burgess 58.9 - Whitney Jackson 60.4 - Isis Hack 59.4 - Quashira McIntosh 54.71)	6Jun15
4x800m Relay	9:04.86	BARRINGTON; (2) New Balance Nationals, Belk Track, North Carolina A + T University, Greensboro, NC (Emma McMillian 2:21.66 - Julianna Portelli 2:19.77 - Megan Verner-Crist 2:14.15 - Abby Livingston 2:09.28)	15Jun13
4xMile Relay	20:14.01	LA SALLE ACADEMY, Providence; New Balance Nationals, Belk Track, North Carolina A + T Univ., Greensboro, NC (Karina Tavares 5:02.58 - Emily Kane 5:13.98 - Eliza Rego 4:57.17 - Sheridan Wilbur 5:00.28)	21Jun15
Sprint Medley (@ 800m)	1:46.17	HOPE, Providence; Emerging Elite~New Balance Nationals, Belk Track, North Carolina A+T University, Greensboro, NC (Gifty Askie 100/12.66 - Lakisha DaCruz 100/12.56 - Royal Cheatham 200/25.07 - Angie Quiah 400/55.88)	17Jun10
Swedish Medley (@ 1,000m)	2:14.83	HOPE, Providence; (4S2) New Balance Nationals, Belk Track, North Carolina A+T University, Greensboro, NC (Whitney Jackson 100 - Isis Hack 200 - Chevell Burgess 300 - Quashira McIntosh 400/55.31 [first three legs splits are unknown])	19Jun15
Sprint Medley (@ 1,600m)	4:00.40	LA SALLE ACADEMY, Providence; (4) Nike Outdoor Nationals, Belk Track, NC A+T University, Greensboro, NC (Lily Kessinger 200/26.8 - Alyssa Limperis 200/26.3 - Lauren Cardarelli 400/56.9 - Jeanne Mack 800/2:10.4)	15Jun07
Distance Medley (@ 4,000m)	11:57.15	LA SALLE ACADEMY, Providence; (4) Glenn D. Loucks Games, Memorial Field, White Plains HS, White Plains, NY (Sheridan Wilbur 1200/3:39.2 - Emily Kane 400/62.7 - Karina Tavares 800/2:21.0 - Eliza Rego 1600/4:54.2)	7May15
High Jump	1.78	5-10 DAKOTA DAILEY-HARRIS, LaSalle Academy, Providence; State Champs, Brown University Stadium, Providence, RI	3Jun12
Pole Vault	3.58	11-9 JENNA POGGI, Moses Brown, Providence; Eric Loeschner Memorial Meet, Fitchburg State College, Fitchburg, MA	18Apr09
Long Jump	5.85	19-2.5 PAM HUGHES, Hope, Providence; New England HS Champs, Boston College Stadium, Chestnut Hill, MA	8Jun85
Triple Jump	12.09	39-8.25 MICKY JUSME, Classical, Providence; (1/-0.2) State Champs, Brown University Stadium, Providence, RI	7Jun08
Shot (4k)	13.665	44-10 EMILY CARLSTEN, Veterans Memorial, Warwick; Boemker Performance Meet, Veteran's Memorial HS, Warwick, RI	25May96
Discus	45.03	147-9 ALVA HICKS, Classical, Providence; State Champs, Brown University Stadium, Providence, RI	6Jun15
Hammer(3k)	59.17	194-1 HICKS; New England HS Hammer Champs, Conley Stadium, Providence, RI	10Jun14
Hammer(4k)	57.98	189-3 KATE JOHNSTON, Veterans Memorial, Warwick, Performance II Meet, Veteran's Memorial HS, Warwick, RI	26May01
Javelin (O)	51.30	168-4 CARLSTEN; National Scholastic Champs, Paul Derr Track, NC State University, Raleigh, NC	14Jun96
Javelin (N)	44.22	145-1 LEIGH PETRANOFF, West, Cranston; Glenn D. Loucks Games, Memorial Field, White Plains HS, White Plains, NY	12May07
Heptathlon	3920 pts.	TAMMY CURTIS, South Kingstown, Wakefield; (7) National Junior Olympics Champs, Univ of Florida, Gainesville, FL	26-27Jul94

These **"ALL-TIME"** Rhode Island High School Records [not RIIL] are believed to be the best performances ever by Rhode Island secondary school students. It details in order: event, record, record-holder's name, their school and location; placing in the event (a numerical indication appears only when significant, or if not a winning performance), meet, site/location and date. **In relays, the running order by name, and splits (if available).**

Criteria and guidelines established by TRACK & FIELD NEWS for their "National High School Records" are utilized. Meaning that any Rhode Island secondary school students...public, private, parochial—up through 12th grade!...competing in a recognized event in any scheduled meet can, under authorized conditions, establish an "ALL-TIME" Rhode Island Record. Membership on, or participation with, the school team is not a prerequisite for the acceptance of an athlete's performance...they need only be a bona fide secondary school student. Also, June graduates [along with all undergrads] remain eligible until August 31st!

In the 100m, 200m, 100mH, Long & Triple Jumps only marks made within allowable wind assistance...2.0mps/4.473 mph or less...are accepted as records!

Performances in 100ths are "Automatic-Times" "AT" achieved only by an electronic device or system (FinishLynx, Omega, Accu-Track, etc.) that was started automatically by firing of the starter's gun, and the finish time(s) were simultaneously recorded photographically, either by TV, movie or "strip" cameras that "pick" participants for place and time ultra-accurately in hundredths of a second. **At the International, National, and Collegiate levels—ONLY "Auto-Times" can be recognized for record purposes in the "short" events [100m-200m-400m-100m/110mH-300m/400mH and 4x100mR]...and these records concur with this criteria. Moreover, when any "AT" record is "superior" to the best "hand-time" in a particular event, then ONLY the "AT" record will be listed...and emphatically, a hand-timed performance may NEVER be converted to an "AT" [by adding .14 or .24] for Record Purposes**

All Field Events will carry both the metric mark...converted, when necessary...as well as the feet/inches measurement.

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